



Start position:
Skier 1-6 over each other in one row

Set # 1:
5 short turns, in the opposite way to each other
● (1,3,5 to the right)
○ (2,4,6 to the left)
After 5 short turns, change over to set # 2

Set # 2:
2 large turns
(1,3,5 and 2,4,6 as a group to be synchronise over each other)

The two groups are crossing each other on the start centre line
After 2 large turns, back again on the start centre line
And change over to set # 1

Set # 1:
5 short turns
(The direction of the first turn is changing)

Set # 2:
2 large turns
(The direction of the first turn is changing)

Set # 1:

Set # 2:

Set # 1:
At the last Set # 1, there will be 6. short turns
The sixth short turn is a stopping turn!

The end position

● 1,3,5 to be orientate to the right
○ 2,4,6 to be orientate to the left

The hole duty figure is complete with:
4 Sets of short turns
3 Sets of large turns